



Coastal Carolina Neuropsychiatric Center

Adult Group Options

High Functioning ASD Independent Living Skills

18 – 27yo

Doxy only

Thursdays at 4pm with Brittany

Monday at 5pm with Tanya

Adult Dialectical Behavior Therapy (DBT) Skills

Jacksonville office only

Starting April 1, 2025 with Alison

Tuesdays at 5pm

Trauma/PTSD, Abuse and Domestic Violence Recovery Group-

In Jacksonville office and Doxy permitted Tuesday at 12 to 12:45pm Dr. Hobby

In Jacksonville office and Doxy permitted Fridays 930-1015am Olivia B

In Jacksonville office only Thursdays 11:45-12:30pm Olivia B (starting 3/5)

Adult Female Counseling Groups

In Jacksonville office only Wednesday 1 to 1:45pm Olivia B (starting 3/19)

In Jacksonville office only 2 to 2:45pm Olivia B (starting 3/19)

Doxy only Wednesday 4pm Tanya

Young Adults Counseling Group-Ryan

In Jacksonville office and Doxy permitted

18-24yo males and females; Tuesday at 11:45am

Hopeful Sunflowers: Adult Grief Counseling Group

Audrey (In MHC office and Doxy permitted) Tuesdays 10:15-11am

Substance Use Groups

Monday at 9am in person only with Dr. Hobby

Monday at 9am via Doxy with Tanya

Tuesday at 5pm via Doxy with Audrey

Tuesday at 5pm via Doxy with Tanya

Wednesday at 9am via Doxy with Tanya

Thursday at 5pm via Doxy with Audrey