



Coastal Carolina Neuropsychiatric Center

Adult Group Options

Autism Spectrum Disorders (ASD)

All ASD groups are Doxy* only

High Functioning ASD Independent Living Skills

18 – 27yo

Adult Life and ASD

Ages 28-37 All genders

Trauma/PTSD, Abuse and Domestic Violence Recovery Group

In Jacksonville office and Doxy* available

Parents of Adult Child Loss Group

In Jacksonville office and Doxy* available

Mindfulness and Self-Compassion Group for Adults

In Jacksonville office and Doxy* available

Adult Female Counseling Group-

In Jacksonville office only

Young Adults Counseling Group

In Jacksonville office and Doxy* available

Hopeful Sunflowers: Adult Grief Counseling Group

In Jacksonville office and Doxy* available

Parenting Group

In Jacksonville office and Doxy* available

Parenting Neurodivergent Children - How to Cope

Wilmington office and Doxy* available

Golden Years

Jacksonville office only

Adult Assertiveness

Jacksonville office and Doxy* available

Substance Use Groups

Jacksonville, Morehead City offices and Doxy* available

**Doxy – telehealth platform CCNC uses*